

Integers and Absolute Value

Name: _____ Date: _____ Score: _____ / 18

Quick Review and Helpful Hints

The absolute value $|n|$ is the distance of n from 0 on the number line, so it is never negative: $|-7| = 7$ and $|7| = 7$. Watch a minus sign *outside* the bars – evaluate the absolute value first, then apply the sign: $-|-5| = -(5) = -5$. On the number line, numbers farther right are greater.

▶ **Example:** Evaluate $-|-9|$. **Work:** Work inside the bars first: $|-9| = 9$ because -9 is 9 units from zero. Then apply the minus sign outside.

★ **Answer:** -9



$|-9| = 9$ (distance from 0).

Practice Problems

Evaluate each expression.

- | | | | |
|------------|-------|-------------------------|-------|
| 1. $ -8 $ | _____ | 8. $- -20 $ | _____ |
| 2. $ 15 $ | _____ | 9. $ 7 - -7 $ | _____ |
| 3. $- -7 $ | _____ | 10. $ -13 + -8 $ | _____ |
| 4. $ -34 $ | _____ | 11. $ -6 \cdot -4 $ | _____ |
| 5. $- 12 $ | _____ | 12. $ -3 ^2$ | _____ |
| 6. $ 0 $ | _____ | 13. $ 8 - 15 $ | _____ |
| 7. $ -23 $ | _____ | 14. $ -100 \div -25 $ | _____ |

Word Problems

15. Diver A is at -340 feet and Diver B is at -180 feet. Using absolute value, who is closer to the surface, and by how much? _____
16. An account balance is $-\$62$. Write the amount owed as a positive number. _____
17. On a cold morning, one town is -5° and another is 3° . Which town is colder? _____
18. Points $P = -7$ and $R = 5$ lie on a number line. Find $|P| + |R|$, the total distance of the two points from zero. _____



Answer Keys

- | | | |
|-------------------------------------|-------------------------------------|---|
| 1. <input type="text" value="8"/> | 7. <input type="text" value="23"/> | 13. <input type="text" value="7"/> |
| 2. <input type="text" value="15"/> | 8. <input type="text" value="-20"/> | 14. <input type="text" value="4"/> |
| 3. <input type="text" value="-7"/> | 9. <input type="text" value="0"/> | 15. <input type="text" value="B, by 160 ft"/> |
| 4. <input type="text" value="34"/> | 10. <input type="text" value="21"/> | 16. <input type="text" value="\$62"/> |
| 5. <input type="text" value="-12"/> | 11. <input type="text" value="24"/> | 17. <input type="text" value="-5°"/> |
| 6. <input type="text" value="0"/> | 12. <input type="text" value="9"/> | 18. <input type="text" value="12"/> |

Step-by-Step Explanations

1. Start by naming the process: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is Absolute value is the distance from zero, and -8 is 8 units away, so $|-8| = 8$. So the final answer is 8.
2. A good way to think about this is: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is 15 is already 15 units from zero, so $|15| = 15$. So the final answer is 15.
3. Step by step: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is Work inside the bars first: $|-7| = 7$. Then the minus sign outside makes it -7 . So the final answer is -7 .
4. Take it one move at a time: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is The distance of -34 from zero is 34. So the final answer is 34.
5. Start by naming the process: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is Inside first: $|12| = 12$. The outside minus gives -12 . So the final answer is -12 .
6. A good way to think about this is: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is Zero is 0 units from itself, so $|0| = 0$. So the final answer is 0.
7. Step by step: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is The distance of -23 from zero is 23. So the final answer is 23.
8. Take it one move at a time: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is Inside first: $|-20| = 20$. The outside minus gives -20 . So the final answer is -20 .
9. Start by naming the process: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is Each absolute value is 7, so $7 - 7 = 0$. So the final answer is 0.
10. A good way to think about this is: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is $|-13| = 13$ and $|-8| = 8$, so $13 + 8 = 21$. So the final answer is 21.
11. Step by step: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is $|-6| = 6$ and $|-4| = 4$, so $6 \times 4 = 24$. So the final answer is 24.
12. Take it one move at a time: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is First take the absolute value: $|-3| = 3$. Then square it: $3^2 = 9$. So the final answer is 9.
13. Start by naming the process: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is Simplify inside the bars first: $8 - 15 = -7$, and $|-7| = 7$. So the final answer is 7.
14. A good way to think about this is: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is $|-100| = 100$ and $|-25| = 25$, so $100 \div 25 = 4$. So the final answer is 4.
15. Step by step: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is Compare distances below the surface with absolute value: $|-180| = 180$ and $|-340| = 340$. Since $180 < 340$, Diver B is closer, by $340 - 180 = 160$ ft. So the final answer is B, by 160 ft.
16. Take it one move at a time: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is A balance of $-\$62$ means $\$62$ is owed, which is $|-62| = \$62$. So the final answer is $\$62$.
17. Start by naming the process: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is On the number line -5 lies to the left of 3, so -5° is the colder town. So the final answer is -5° .
18. A good way to think about this is: Read what the problem is asking, choose the matching rule, write the setup, and then simplify one step at a time. The setup/work is Find each point's distance from zero: $|-7| = 7$ and $|5| = 5$, then add: $7 + 5 = 12$. So the final answer is 12.



Keep Building AFOQT Math Skills

Recommended Effortless Math resources



The Most Comprehensive AFOQT Math Preparation Bundle

Use the complete AFOQT Math resource for review, worked examples, extra practice, and test-style questions after each worksheet.



Scan Me
Download Instantly

STUDENT FAVORITE - AFOQT Math for Beginners



AFOQT Math for Beginners 2026

Step-by-step lessons, topic practice, and full review support for students who want a calm path through AFOQT Math preparation.

A strong companion for self-study, tutoring, homework, and targeted review.

PDF Edition



Scan Me
Download Instantly

For more AFOQT Math prep, visit EffortlessMath.com/AFOQT